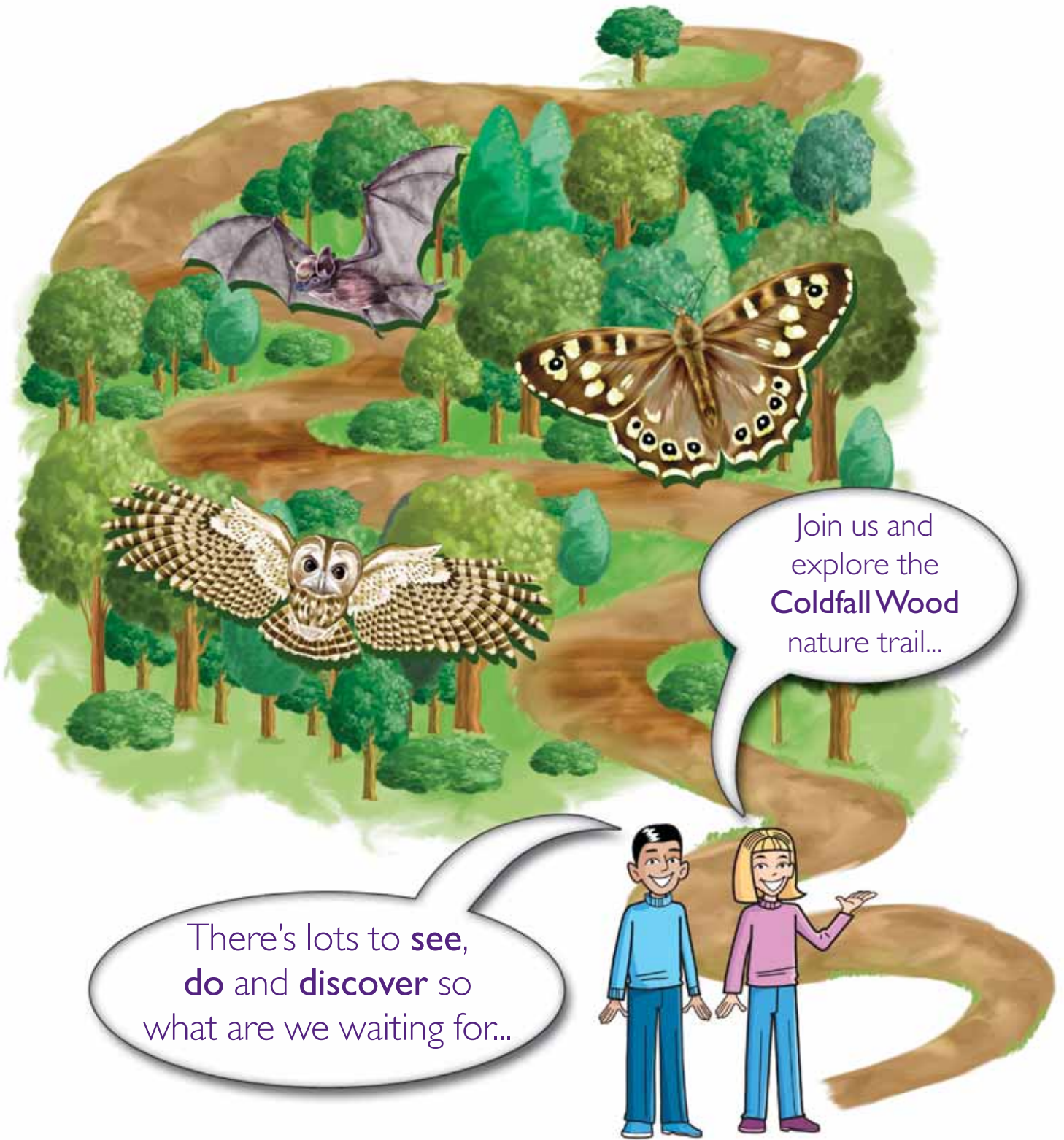


# Coldfall Wood Nature Trail



There's lots to **see**,  
**do** and **discover** so  
what are we waiting for..

Join us and  
explore the  
**Coldfall Wood**  
nature trail...

### Post 1

Look up into the oak tree and find the wooden box. Who lives here? At what times of the year is it likely to be used?

### Post 2

Using a sheet of paper and crayons take a bark rubbing of this hornbeam tree. Is it rough or smooth?

### Post 3

Take a bark rubbing of this oak tree. Is it rough or smooth? Can you find a dead oak leaf on the ground? What sort of shape does it have?

### Post 4

Look in and around the stream. What plants and animals live in or near the stream? Trees next to the stream have been cut back to stumps just above their base – this is called coppicing. Will they re-grow? Is this good or bad for wildlife? If you need a clue, read the 'Did you know?' section underneath the wise owl.

### Post 5

Look up into the oak tree and find the wooden box. Who lives in here? At what time of the day do they come out?

### Post 6

Without removing the leaf from the holly tree, place a piece of paper underneath the leaf and draw its shape. Why do you think the leaves are prickly?

### Post 7

Look at the reed bed and what's around it. Why do you think a reed bed was put here? See the 'Did you know?' section under the wise owl if you need a clue.

### Post 8

In spring and summer, without removing the leaf from the wild service-tree, place a piece of paper underneath it and draw its shape. If it is winter, find a leaf which has already fallen from the tree. In what type of woodland is this type of tree found?

**This map shows you the nature trail route. Follow the path and when you reach each numbered post look to see what fun activity or question there is to answer. There are lots of fun facts along the way as well as wildlife to spot. All of the things pictured in this leaflet can be found in the Wood. How many will you see along the way?**



Holly leaf



Bat box



Did you know that Coldfall Wood originally had its own wood keeper? A wood keeper is a person who lives in a wood and is paid to look after it.

**fU<sup>n</sup>kY**  
fact



Speckled wood butterfly



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*Sorbus torminalis*

**Coldfall Wood,  
Creighton Avenue, NI0**

## fU<sup>n</sup>kY fact

There are over 1,100 species of bat in the world. Only three bat species feed on blood and these are all found in Central and Southern America.



*Pipistrelle bat*



*Hypholoma fasciculare*

## fU<sup>n</sup>kY fact

Did you know that dead wood, both standing up and lying on the ground, supports wildlife such as beetles, fungi and mosses?

## fU<sup>n</sup>kY fact

The hornbeam tree is named after the wood's strength – in old English horn means hard and beam means tree. The wood is one of the hardest there is and so lasts a long time. Hornbeam wood can be used to make many things including chopping boards, piano keys and hammers.



*Oak leaf*

## fU<sup>n</sup>kY fact

There are earth banks within Coldfall Wood. These 'wood-banks' were built to mark the areas that were owned by different landowners and to keep out grazing animals and other people.

## fU<sup>n</sup>kY fact

Coldfall Wood supports two types of woodpecker: the great spotted and green woodpecker. Listen out for the loud drumming of the great spotted woodpecker between January and June and the distinctive laughing 'yaffle' calls of the green woodpecker.



*Great spotted woodpecker*



Tawny owl

# Well done! You have completed the Coldfall Wood Nature Trail

To find out if you've got the answers right and for more interesting facts about Haringey's parks and ancient woodlands log on to [www.haringey.gov.uk](http://www.haringey.gov.uk).

You can also download the pictures in this leaflet and colour them in yourself.

If you want to surf the web and find out more about nature and the environment try logging on to some of these websites:

- [www.teachingtrees.org.uk](http://www.teachingtrees.org.uk)
- [www.woodland-trust.org.uk](http://www.woodland-trust.org.uk)
- [www.eco-schools.org.uk](http://www.eco-schools.org.uk)
- [www.btcv.org.uk](http://www.btcv.org.uk)
- [www.lbp.org.uk](http://www.lbp.org.uk)
- [www.bats.org.uk](http://www.bats.org.uk)
- [www.rspb.org.uk](http://www.rspb.org.uk)

## Did you know?

Coldfall Wood is one of only four woods in Haringey that are ancient. Ancient woodlands are areas that have been continuously wooded for at least four hundred years.

The others are Queen's Wood, Highgate Wood and Bluebell Wood.



Bluebell

Over the years the wildlife within the Wood has benefited from coppicing in small areas. Coppicing is when a small amount of trees and shrubs are cut to just above their base. This was originally done to produce poles for fuel and fencing, but it also benefits the wildlife by allowing in light for wildflowers and butterflies to thrive. Over time the trees and shrubs will grow back. Coppicing has taken place in the Wood for many years, with the latest having happened in 2006.

Between 2006 and 2008 Coldfall Wood is being improved for visitors and wildlife. The Heritage Lottery Fund funded project will see the installation of new benches, a picnic table and bridges and the creation of a reed bed to help treat pollution in the stream.



Jewel beetle

## Getting involved

Haringey Council welcomes help from local people to ensure the borough's parks and open spaces achieve and maintain high standards. If you would like to find out how you could get involved with your local park or take part in volunteer workdays with conservation charity BTCV, contact Parks Customer Care on **020 8489 5662**, email [parkscustomer@haringey.gov.uk](mailto:parkscustomer@haringey.gov.uk) or log onto [www.haringey.gov.uk](http://www.haringey.gov.uk)

## When to visit

Every day from 8 in the morning until it gets dark.

## Getting there

By bus: 234

## Safe parks

The Parks Constabulary make sure that parks and open spaces are safe for everyone to enjoy. If you feel that you've seen something in a Haringey park that isn't quite right, speak to an adult and get them to report it by calling our 24-hour incident line on **020 7272 5464** – but remember, **in emergencies always dial 999**.



Wood anemone

Shqip



Për një kopje në gjuhën tuaj të këtij shtegu të natyrës Coldfall Wood, ju lutem shënjoni ✓ kutinë, plotësoni formularin dhe dërgojeni tek adresa e mëposhtme me postim falas.

Kurdî Kurmancî



Ji bo qopyeke bi zimanê Kurdî ya lîfleta rêya (şopa) xwezayê ya Daristana Coldfall ya ji bo zarokan, ji kerema xwe qutiyê îşaret bikin û vê formê tijî bikin û vegeînin edresa li jêr. Pûl hewce nake.

বাংলা



শিশুদের জন্য এই কোল্ডফল উড নেচার ট্রেইল বা প্রাকৃতিক পথের বিবরণের কপি আপনার নিজের ভাষায় পাওয়ার জন্য, বাক্সে টিক্ চিহ্ন দিন, ফর্ম পূরণ করুন এবং নিচের ফ্রীপোস্ট বা বিনা ডাকমাশুলের ঠিকানায় সেটা ফেরত পাঠান।

Soomaali



Hadaad u baahan tahay in luuqadaada lagugu tarjumo nuqul ka mid ah qoraalka la dhaho Coldfall Wood nature trail for children, fadlan sax mari sanduukha, soo buuxi foomka kuna soo dir ciwaanka hoose ee boosta diristu bilaash.

Français



Pour obtenir un exemplaire dans votre langue de ce document sur le Sentier écologique de Coldfall Wood pour les Enfants ("Coldfall Wood nature trail for Children"), veuillez cocher la case, remplir le coupon et le renvoyer à l'adresse ci-dessous (inutile de timbrer l'enveloppe).

Türkçe



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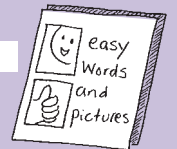
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Coldfall Wood Children's Trail Leaflet



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published by Haringey Council's  
Communications Unit 17244 • 01/07