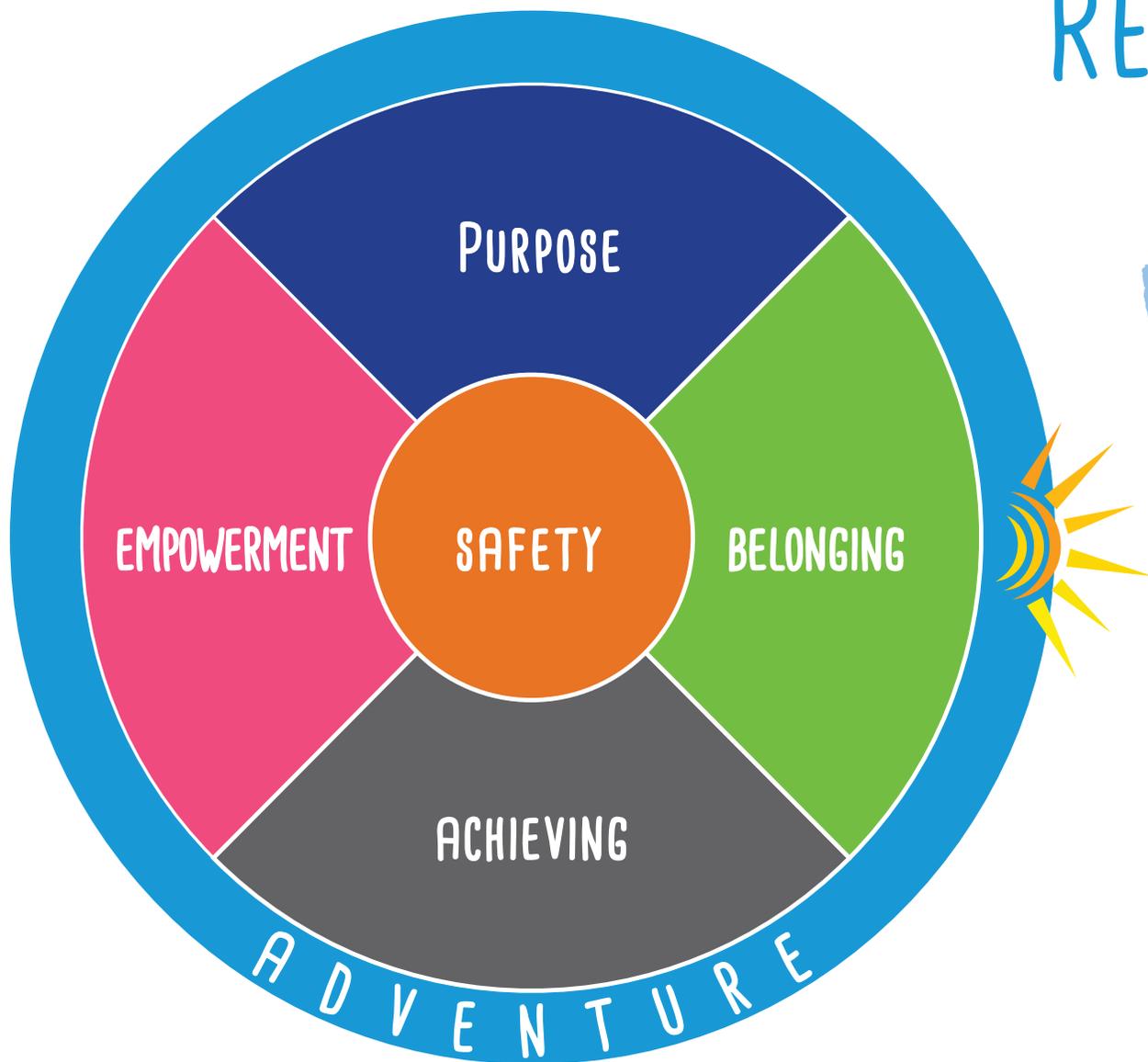




THE HARINGEY RESILIENCE WHEEL



“ **Resilience**
is the ability to
recover from
difficulties we
might face in life. ”