



Haringey's Foster Carers Training Brochure 2024

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Please note all training courses / workshops will be delivered virtually (MS Teams) or Zoom and a joining link will be sent once your place has been booked.

To book on any of these courses please email:

Gillian.Bhola@haringey.gov.uk

Or inform your Supervising Social Worker.

A Warm Welcome

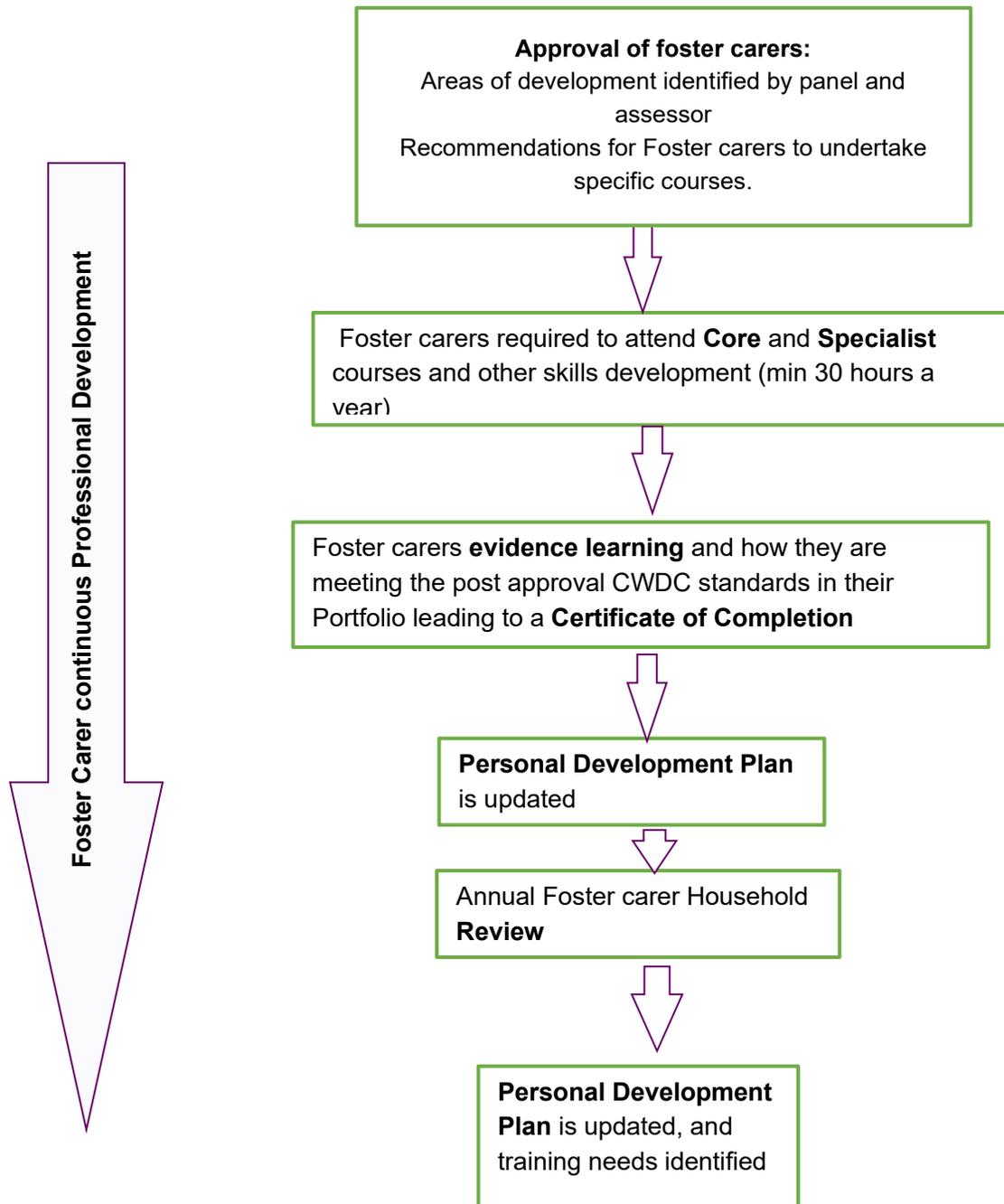
We are very excited to share our training programme which contains learning and development opportunities that provide an essential foundation for all Foster Carers, as well as more specialist modules to ensure that all our carers can meet the needs of children and young people in their care. In Haringey, we are constantly striving to provide children and young people high quality care, leading to good life outcomes for them.

Children who come into the care system increasingly have a complexity of needs and backgrounds. The professionals working with these children require to be highly skilled and well informed. We consider that taking advantage of training and development opportunities are central to a carer's own development and to achieving this aim to provide high standards of care and great outcomes for children.

We hope that our training programme will help you enhance your skills, be better informed about key developments in legislation and research, as well as adopt best practice in the field of childcare.

***Fostering:
‘Rewarding in many different
ways’***

Foster Carers' post approval Learning and Development Pathways: Evidencing the Standards



Training Calendar 2024

January	

February	
6th	Managing Allegations & Safer Caring
7th	Child Exploitation moved to 21 st Feb

March	
4 th	Breaking down Barriers
6 th	Delegated Authority
19 th	Managing Challenging Behaviour

April	
16 th	Paediatric First Aid
23 rd	Recording & Sharing Information

May	
14 th	Equality and Diversity
15 th	Child Exploitation

June	
3 rd	Breaking Down Barriers
4 th	Managing Allegations & Safer Caring
19 th	Delegated Authority
27 th	Child Protection (provisionally)

July	
2 nd	Managing Challenging Behaviour
9 th	Recording and Sharing Information

August - School Holidays / No Training

September	
10 th	Paediatric First Aid
16 th	Breaking down Barriers
23 rd	Equality and Diversity
27 th	Child Protection (provisionally)

October	
8 th	Child Exploitation
15 th	Managing Allegation and Safer Caring

November	
13	Delegated Authority
19 th	Managing Challenging Behaviour
26 th	Recording and Sharing Information

December	
3 rd	Equality and Diversity
10 th	Paediatric First Aid

Core Training Courses

These learning and development opportunities are deemed as being an essential foundation for all foster carers. Foster Carers may require additional learning and development opportunities at any point to ensure that they can meet the needs of the children and young people in their care. As a minimum, we would expect you to attend at least 3 of these core training courses within your first year of fostering.

All carers need to attend safeguarding children and safer caring training every 2 years and the first aid course must be refreshed every 3 years.

-  Child Protection
-  First Aid
-  Managing Allegations and safer caring
-  Managing Challenging Behaviour
-  Recording and Sharing Information/Data Protection
-  Delegated Authority/Safer Caring

KCA Online Training

Knowledge. Change. Action

“Knowledge can be transformative. When it enables us to make sense of the world in new ways, we can begin to act in new ways, and we can change the world.”

“Kate Cairns

KCA Online is an eLearning platform which provides online and face-to-face training as well practice tools and reference materials. The online courses aim to develop knowledge, skills and reflection not by taking people out of their workplace, but rather by sending them to explore their workplace and their work relationships as part of an ongoing learning journey.

Activities and exercises require learners to 'stop and think' or 'go and do' and to record their discoveries. Although the learning is guided online, with input from experts, in reality people are learning from and alongside their managers, colleagues and service users.

Adolescence

Assessing and managing risk

Attachment and brain development

Behaviour and the physical environment

Behaviour and the physical environment: Adapting the physical environment to promote recovery from trauma

Brain development and positive parenting

Building individual and community resilience

Building resilience

Child development

Child protection

Child protection – Scotland

Child sexual exploitation: Protecting children and young people from harm

Child-centred assessment

Children and young people who misuse substances

Children's rights

Communicating with children and young people

Community resilience and secondary trauma: Maintaining well-being in the public service workforce

Community resilience and toxic stress: Working with trauma across the lifespan

Confidentiality and record keeping

Contact in foster care

Domestic violence

Eating disorders: A relationship-based approach to prevention and recovery

Emotion coaching

Emotion coaching: A systemic, relational approach to behaviour

Equality and diversity

Equality and diversity in professional practice

EY Early identification and action: Special Educational Needs and Disabilities in the early years

EY liaising with professionals or agencies beyond the setting

EY Supporting colleagues in their work with children with SEND

EY The role of the early years SENCO

Five to Thrive for Life: Adolescence

Foetal alcohol spectrum disorders: Systemic approaches to improving life chances for children and young people

Foetal exposure to alcohol

Impulsive behaviour

Introduction to child development

Introduction to child protection

Introduction to communicating with children and young people

Introduction to promoting secure attachment: Brain development and positive parenting

Introduction to understanding trauma

Making safe connections – the digital revolution, neuroscience and human attachment needs

Maladaptive behaviours: Promoting recovery for children who harm themselves

Men in children's services

Multi-disciplinary working

Narrative work

Narrative work: The development of a positive sense of self

Professional development

Safer caring

Secondary trauma

Secondary trauma and community resilience

Self-harming behaviours

Self-injuring and self-sabotaging behaviours: A relationship-based approach to prevention and recovery

Sexualised behaviour: Issues in foster care

Sexualised behaviour: Managing risk, promoting recovery

Supervising foster care

Teamwork

The role of the foster carer

Transitions and vulnerability

Child Protection for Foster Carers

This course will ensure participants knowledge and commitment to Safeguarding is current and their required knowledge is refreshed.

Learning Outcomes

- ✚ Explore the concept of safeguarding
 - ✚ Understand thresholds and referrals
 - ✚ Examine the role for a carer in safeguarding processes including a CP conference
 - ✚ Exploring child sexual exploitation in the family and the community: the links to neglect and DV/domestic abuse
 - ✚ Understanding the process of grooming.
-

Training, Support and Development Standards

- ✚ 6.1, 6.2, 6.3, 6.4

National Minimum Standards

- ✚ 1.0, 4,5,4.6
-

Training Details

- ✚ **Date:**
- ✚ **Time:** 10.00am – 12.00
- ✚ **Trainer:**



Paediatric First Aid

This course offers Paediatric First Aid Training for foster carers. It is aimed at giving attendees the confidence to tackle emergency events as they happen, from how to wrap a bandage to delivering resuscitation.

Learning Outcomes

- ✚ Action at an emergency – priorities of treatment
 - ✚ Care of the baby or child who is unconscious but breathing – Recovery position
 - ✚ Care of the child who is unconscious and not breathing – CPR differences between baby & child CPR
 - ✚ Management of the child with a possible spinal injury
 - ✚ Choking – theory and practical
 - ✚ Drowning
 - ✚ What to put in your First Aid Kit
 - ✚ Major and minor bleeds, amputated parts and treatment of clinical shock
 - ✚ Burns & scalds
 - ✚ Poisoning
 - ✚ Head injury – concussion, compression & skull fracture
 - ✚ Medical conditions such as febrile convulsions and meningitis
-

Training Support and Development Standards

- ✚ 3.3, 3.4

National Minimum Standards

- ✚ 6.1, 6.2, 6.4, 6.5, 6.7, 6.8, 6.9, 6.10 ,6.11
-

Training Details

- ✚ **Date:** 6th April 2024
- ✚ 10 September 2024
- ✚ 10th December 2024
- ✚ **Time:** 10.00-1.00
- ✚ **Trainer:** First Response Training Provider



Managing Challenging Behaviour

This course will help foster carers to understand the complexities of challenging behaviours, and will enable them to assess and understand the underlying needs, which can then be addressed through the promotion of alternative constructive behaviours.

Learning Outcomes

- ✚ Understand and define challenging behaviour
 - ✚ Know the various types of challenging behaviour
 - ✚ Know the triggers that lead to challenging behaviour
 - ✚ Know how to effectively deal with challenging situations
 - ✚ Understand challenging behaviour
 - ✚ Be aware of strategies to manage challenging behaviour
-

Training Details

- ✚ **Date:** 19th March 2024
2nd July 2024
19th November 2024
- ✚ **Time:** 10am – 1pm
- ✚ **Trainer:** LA Training



Recording and Sharing Information / Data Protection

All professionals working with children and young people must know how to keep and share information. As a foster carer this can involve unique challenges. This course enables carers to understand the principles that underpin good record keeping, and how to apply rules of confidentiality within their own work.

Learning Outcomes

- ✚ Understand the reasons for keeping different types of records
 - ✚ Identify which information should be gathered in ways which it can best be recorded
 - ✚ Consider the audience for the records and their use
 - ✚ Understand how to separate fact from opinions and avoid discriminatory comments and value judgements
 - ✚ Understand and apply the rules of data protection
-

Training Support and Development Standards

- ✚ 2, 4
-

Training Details

Date: 23rd April 2024
9th July 2024
26th November 2024

Time: 10am -1pm

Trainer: LA Training



Delegated Authority

This course will support and empower carers to make informed decisions regarding day-to-day tasks for the children in their care, some of these decisions involve an element of risk, such as, sleepovers, school activities and contact with siblings. All delegated authority decisions made by a carer must be within the child's Placement Plan.

Learning Outcomes

- ✚ Have a full understanding of the meaning and purpose of delegated authority
 - ✚ To have developed confidence in knowing when and when not to delegate authority within the child's placement plan and ensuring agreements are sought
 - ✚ To consider how carers should make judgements involving elements of risk for the child
 - ✚ To explore issues and concerns around delegated authority including promoting shared perspectives, responsibilities and working together
-

Training, Support and Development Standards

- ✚ 1, 2,3 and 7

National Minimum Standards

- ✚ 2, 3, 4, 6, 20, 21
-

Training Details

- ✚ **Date:** 6th March 2024
19th June 2024
13th November 2024
- ✚ **Time:** 10am – 1pm
- ✚ **Trainer:** Astell Evans



Non-Core Training

- ✚ Breaking down barriers, bettering behaviour and building on brilliance
- ✚ Child Exploitation
- ✚ Equality Diversity & Identity

Breaking Down Barriers, Bettering Behaviour and Building on Brilliance

This session provides essential training for Foster Carers which covers the context of care in Haringey; the role of key professionals, including Foster Carers, in promoting the education of looked-after children; Personal Education Plan (PEP) procedures; overcoming barriers to learning and current updates from the Virtual School.

Learning Outcome

- ✚ Have an up-to-date understanding of the roles and responsibilities of the Virtual School and Designated Professionals for looked-after children and young people
 - ✚ Understand how good educational outcomes, improve children and young people's life chances.
 - ✚ To be familiar with the PEP process and how to use Personal Education Plans to ensure a child or young person's needs are identified and supported in the best way possible.
 - ✚ How to fully utilise Pupil Premium Plus funding to maximise its impact.
 - ✚ To better understand the cause of negative behaviours at school and strategies to reduce their impact.
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Training Details

- ✚ **Date:** 4th March 2024
 - ✚ 3rd June 2024
 - ✚ 16th September 2024
 - ✚ **Time:** 10am -1pm
- Trainer: Virtual School



Child Exploitation

(CSE) is a form of sexual abuse that involves the manipulation and/or coercion of young people under the age of 18 into sexual activity in exchange for things such as money, gifts, accommodation, affection or status (*Barnardos, 2012*).

This three-hour training session enables participants to develop a greater awareness of Child Sexual Exploitation (CSE). Throughout the training you will be encouraged and supported to consider how your own practice can best address and support children and young people at risk or experiencing CSE.

Learning Outcome

- ✚ Reflect on different values and attitudes and the impact they have when working with young people affected by CSE
- ✚ Identify vulnerabilities, behaviours and risk indicators for CSE
- ✚ Have an improved understanding of the additional vulnerabilities and risks for young women affected by gangs
- ✚ Develop an understanding of legislation, guidance and procedure in relation to CSE
- ✚ Have a working knowledge of local referral

National Minimum Standards

- ✚ 2, 3, 4, 6, 20, 21

Training Details

- ✚ **Date:** 7th February 2024
15th May 2024
8th October 2024
- ✚ **Time:** 10am -1pm
- ✚ **Trainer:**



Do you want to be a Haringey Foster Carer?

As a foster carer you have knowledge of the expectations, challenges and great rewards fostering can bring. We know you have first-hand knowledge of what it takes to be a foster carer.

If you know a friend or family member, that will make an excellent foster carer refer to our recommendation scheme. It is a great way to introduce friends and family to fostering.

As a Haringey Foster Carer you will receive £500 when you refer a friend or family member once they have had their first placement, as a Haringey Foster Carer. Inspire a future foster carer and contact us on...

Telephone: 0208 489 3754

Email: fosteringrecruitment@haringey.gov.uk